Presidents Blog - September 2021

e-Newsletters / By Shaun Maclaren

Camp Covid 2021



Maintenance in Level 4

These past couple of months have certainly been eventful and challenging. Understandably the delta strain of Covid has been an irritation and restrictive, but what has been more unusual for this time of year has been the weather patterns and rough seas which have been more of a surprise and kept even the experienced paddler off the water.

Now as I look towards Daylight Saving, Labour Weekend holiday and beyond, I must be patient and not get ahead of myself. Even though I can hardly wait to get back on the water for the fun and adrenalin in the surf and around rocks, some time spent on skills will be top of the list.

Membership Renewal

In response to some of your queries about automated renewals, you are a currently a paid up KASK member. Your membership is set to auto renew a year from the day you paid the last sub - which is 10/09/2021.

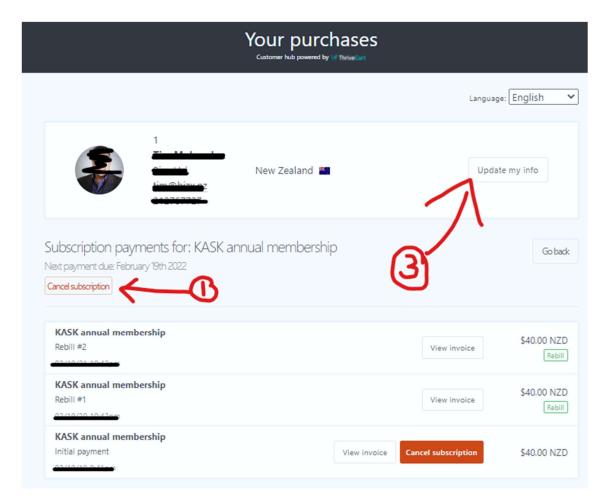
To update your subscription, please click below:

Update vour Subscription.

When you click on it and confirm your email, you will be able to:

- (1) Change or cancel your KASK membership
- (2) Restart cancelled KASK membership
- (3) Change the credit card that is used for your KASK membership payment
- (4) Look at previous transactions you have made to KASK.

Security policy: KASK does not store or keep your credit card details. If you have dificulty managing the self service options, please email <u>Tim Muhundan</u>.



Conservation



Coastal areas and beaches are the bridge between our world and the ocean. Cleaning up of beaches and coastal areas are an extremely important event that helps reduce the issues caused by ocean debris and the danger inflicted on marine life as a result of plastic pollution.

The third Saturday of September is International Coastal Clean Up Day and somewhere near you an event will be taking place, for example there <u>was</u> one in the <u>Wellington Region</u>

Coastal and Beach Clean Ups should be ongoing and as paddlers I encourage you all to get involved, whether it be clearing up as you go and/or support local initiatives such as the Lucas Creek Clean Up and/or Motu Makeover. If you have

events near you, then please promote them on Facebook and also on the KASK Events Calendar by emailing <u>Steve Cooper</u>.



Daniel O'Connor - Courtesy of Nathan Pettigrew

KASK Events Calendar - 2021 and 2022

Is in its early stages, but is now up and <u>running</u> and I hope that with your support, we will see it flourish and allow paddlers to see what is going on around New Zealand and be able to plan in advance which events they would like to join.

I feel strongly that paddling in New Zealand should not be parochially owned but shared. If we want to encourage paddlers, new and old, to get out on the water we need to encourage and welcome them to join paddling groups, clubs, networks and associations.

With overseas travel and holidays being very much on the back burner for the foreseeable future, exploring New Zealand is now forefront of mind. If you have a paddling related event that you would like to promote, then please let us know by either contacting your KASK Regional Rep or sending the information to Steve Cooper



This will be of interest to old and new paddlers alike, who you paddle conventional sea kayaks or something difference will showcase what you need to know and how and to access current information.

It will include some on-water demonstrations and training

This is a great <u>opportunity</u> for local paddling groups to pi themselves. If you or anyone that you know who may be interested in assisting, please email <u>Steve Flack</u>

Cold Water Survival Workshop

Our friends at the Canadian Safe Boating Council are hosting virtual Cold Water Survival Workshops with Dr Gordon Giesbrecht (aka Professor Popsicle) of the University of Manitoba and world-renowned expert in hypothermia.

You might be interested in finding out a little more about how our bodies react to cold

water immersion. As first responder, you may be wanting to learn more about how to maximize the survival of potentially hypothermic individuals you're called upon to rescue, these workshops are for you and will give you a good grounding in:

- Understanding the Myths Around Cold Water Immersion and Hypothermia
- How Our Bodies React to Heat and Cold Stimuli
- 4 Ways Our Bodies Lose Heat
- What Happens to Our Bodies When Immersed in Cold Water
- Immersion vs. Submersion in Cold Water
- Cold Water Survival and Thermal Protective Clothing
- Basic First Response... When You're The Only One Who Can Help!
- Victim Extraction, Packaging, Triage and Transport to EMS
- The Decision to Stay or Swim when You're on Your Own

For further details and to register, please visit.



KASK Kayak Fest 2022 at Hahei on the East Coromandel Coast
Thu 10th to Sun 13th Feb

KASK Kayak Fest 2022

As a result of huge interest, registration is closed with full capacity being reached. If you wish to join a waiting list for any last minute cancellations, please register your interest by emailing the organisers



International Kayakers Week (IKW) - 2022

Will be based at Stony Bay DOC, between Port Jackson and Port Charles on the north-eastern coast of the Coromandel Peninsula, following the KASK Kayak Fest. It will be hosted by the <u>Te Henga Caving Club (THCC)</u>

The plan is to enjoy the remote and beautiful location, and take advantage of the chance to explore and play along the coastline, caves and stony beaches.

With the right swell there may be surf at Waikawau a short drive or half-day paddle to the south. Great Barrier is only 20 km away, so a circumnavigation or

two-day return trip may be an option for those always looking to the horizon.

Details can be found at on the <u>KASK website</u> and for the latest and up to the minute info - please go to <u>International Kayakers Week (IKW) 2022 NZ facebook</u> group

New Zealand Sea Kayaker Magazine

Edition 213 is planned for mid October with submission cut-off for articles and photographs being at the end of this week, Fri 25th Sep.

If you have any material, articles, reviews, humour and any stunning 'portrait' photographs that should be on the cover, please send to Jacquie@kask.co.nz

Help us grow KASK

If you have paddling friends who would like to join KASK as a member, please forward this link below to join online: https://kask.co.nz/join/ or as an Affiliated Club, please click on the link below: https://kask.co.nz/kask-home/clubs/



Stay Safe on the Water and Match your Skills to the Conditions

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