

# KASK Committee Blog - July 2022

[e-Newsletters](#) / By Steve Cooper



*Photo courtesy Glenda Ray*

## **Taking Stock**

Well after a great summer and a prolonged autumn which included highlights like the Hahei "Not the KayakFest", IKW at Stony Bay and the fun at the Waihi surf camp that Dan described so clearly in the last committee blog, the weather has finally turned to a condition that might encourage us to take stock on where we are at and what we want to do next summer.....

## **Sorting Kit**

For me time off the water can be an expensive period, I tend to turn to browsing through what new gear is available and deciding what I need to have next and how I can improve my current set up to let me better enjoy my kayaking.

One of the biggest step changes for me was getting my current boat that fits me really well "straight out of the box" and then fitting it out so I'm a snug (not tight) fit allowing me to get it to do what I want it to (well within limits and yes Dan, it was deliberate I do like getting knocked over, failing to roll and swimming....sometimes).





I added a full foot plate that fits over the existing foot pegs. I can take it out and fit it easily giving access to the space behind where I can store my trolley wheels.

I also added an extra 30mm of closed cell foam to the hip pads, finally I added a 2 mm closed cell foam pad to the seat not so much for comfort more to make it less slippery.

For me that means I have good contact at bum, hips, knees/thighs and feet but I can still wiggle about, straighten my legs and rotate my body (well as much as I can flex my body normally anyway).

Are you a good fit in your kayak? Not sure how to sort that then turn up at a SKISL event or a club paddle and ask about, you're sure to get plenty of ideas!



*Full foot plate, hip pads and seat cushion*

## **Communications - Keeping in touch**

So it's a bit wet and windy outside and I'm turning my attention to trying to get our website updated. You may well be aware that I picked up the role of looking after our website ([www.kask.co.nz](http://www.kask.co.nz)).

As part of KASK's aims to improve safety on the water we have added a section to the website that provides links to information for sea kayakers on all manner of topics including Equipment, Resources/Skills and Discussion Groups. We created a QR code sticker that takes you straight to the page (see below, click on the image and take a look), try it out and let me know what you think, provide additional links I should add. It's your website...

If you want one of the QR code stickers or the original KASK sticker then meet up with your Regional Ambassador,



A lot of work has been undertaken behind the scenes to update and automate our systems for membership and distribution of the magazine and indeed these blogs.

Like all new systems it can take a while to get them functioning flawlessly and the KASK systems sponsored by BizX are not immune to the problems associated with introducing new systems. I know there are a few members who aren't receiving our magazine or these blogs as well as having some issues with their subscription payments. If you are one of the people having issues please help us out by letting me know so I can try to get it sorted for you. If you know of someone else who is having trouble getting these things please ask them to get in touch with me by email at [steve@kask.co.nz](mailto:steve@kask.co.nz) (you can just reply to this email as well).



*Photos courtesy Peter Van Kuyk, SKISL at PIHA*

It might be winter but there are still good days to be out on the water, even calm conditions at Piha sometimes....!



Enjoy the Winter Conditions and Paddle Safely

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<http://www.kask.co.nz>

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